

Aviation Little League

ASAP PLAN 2019

Jeff Huhn Safety Officer



Francisco Laureano League President



Importance of Safety

The purpose of this document is to emphasize the importance of safety at Aviation Little League and to identify important safety issues of which all individuals involved should be aware. Aviation Little League takes pride in providing a safe baseball environment for our children.

Aviation Little League administrators, coaches, parents and players should take safety issues very seriously.

The safety plan herein refers to play at the Aviation Little League Baseball fields Laidlaw, Trotter, and Field Of Dreams. Further information beyond this document regarding safety and the ASAP program is available by contacting the Harvard Little League Safety Officer listed below.

1. Safety Officer:

League Safety Officer is on file with Little League Headquarters.

2018 Safety Officer: Jeff Huhn

P.O Box 217 Hawthorne, CA 90251 (310)940-0319



2. Safety Plan:

This document has been developed for Aviation Little League to provide an overview of the procedures, policies, and activities that have been instituted by the League to provide a safe and healthy environment for those participating in our Little League Baseball program. Aviation Little League will distribute a paper copy of this Safety Manual to all Managers/Coaches; League Volunteers and the District Administrator. In addition, a copy of this document will also be posted on Aviation Little League website.



3. **Emergency and Contact Phone Numbers**:

In case of an emergency dial

911

League President:Francisco Laureano(323)868-7116League Vice President:Barbara Huhn(310)919-9481League Secretary:Sandra Duran(310)507-4513League Safety Officer:Jeff Huhn(310)919-9480



4. Background Checks for Volunteers:

Aviation Little League will use the Official Little League Volunteer Application form to screen all of our volunteers. Managers, coaches, board members and any others, volunteers or hired workers, who provide regular services to Aviation Little League and/or have repetitive access to or contact with players or teams are required to fill out a 2019 Little League Volunteer Application form including a photocopy of a government issued photo identification card for ID verification. Based on the volunteer application, Aviation Little League will conduct a nationwide background check including available sex offender registries.

In addition, for compliance with the laws of the Commonwealth of Massachusetts, volunteers will also be required to complete a CORI Request Form. Upon completion, the forms referenced above will be submitted to the League President who will be conducting all background checks to maintain privacy and confidentiality.

Anyone refusing to fill out the Volunteer Application is automatically ineligible to be a league volunteer or member.



5. Fundamentals Training:

Coaching Coordinatora: David Hutchings and Jesus Enriquez will intent least one manager/coach from each team must attend a Fundamentals Training Program. Date and location are to be determined. Every Manager/Coach will attend this training at least once every 3 years. Aviation Little League will have coaching resources online such as practice plans, tutorial and drill videos. The purpose of this league is to deliver consistent methods of teaching critical skills as well as ensuring a fun, rewarding experience for youth players.



6. First Aid Training:

Aviation Little League will require at least one manager/coach from each team and the board administration to be Basic Life Support/CPR Certified. Every manager/ coach, and continuing board administrators must attend this training once every 3 years. HEARTFARE Training Co. course director Ariel G. Santa Isabel will provide the training.

*Highly recommended – research the concussion laws in your state and educate all coaches/managers & league members.



7. Field, Dugout, and Equipment Safety:

Aviation Little League Safety Officer inspects the fields every year at the beginning of the season for exposed fence wires, dugout conditions, benches, etc. The fields and surrounding areas are also reviewed on a regular basis during the season by the Safety Officer and/or other Board Members. In addition, Aviation Little League team coaches and umpires will be required to review the field on which they will be playing before each game to look for and correct any unsafe conditions (holes, broken glass, rocks, equipment, etc.) prior to the start of play. Any field or areas used for league practices shall be inspected for unsafe conditions by team coaches prior to all league practices as well.



The League Equipment Manager will Inspect all equipment in the pre-season.

Managers/ Coaches will inspect equipment prior to each game.

- a. Proper Equipment for catchers.
- b. No On-deck batters
- c. Coaches will not warm up pitchers
- d. Bases will disengage on all fields

Each Team will be issued an updated First Aid Kit and is a requirement to have it at every practice and game

Umpires will be required to inspect equipment prior to each game.



8. Concession Stand Safety:

- A. Menu shall be posted & approved by the Safety Officer, Concession Stand Manager, and the League President.
- B. Harvard Little League operates a small concession stand adjacent to Laidlaw Field. This concession stand (referred to as the "The Hangar") consists primarily of pre-packaged food, drinks, snack, and a few hot items.
- C. Volunteers who operate the concession stand will be provided with instructions by the Concessions Stand Manager and given copies of the Aviation Little League Concession Policy.



9. Accident Reporting:

The League will use the provided incident tracking form from the LL website and will provide completed Accident forms to Safety Officer within 24-48 hours of the incident. Please see copy of accident Reporting form.



For Local League Use Only A Safety Awareness Program's Activities/Reporting Incident/Injury Tracking Report League ID: _ -League Name: Incident Date: Field Name/Location: Incident Time: Injured Person's Name: Date of Birth: Address: Age: Sex: Male Female State ZIP: City: Home Phone: () Parent's Name (If Player): Work Phone: () Parents' Address (If Different): Incident occurred while participating in: A.) Baseball □ Softball Challenger ■ TAD T-Ball ■ Minor B.) Challenger Major Intermediate (50/70) ☐ Senior ☐ Big League Junior C.) Tryout □ Practice □ Game □ Toumament Special Event ☐ Travel to □ Travel from Other (Describe): Position/Role of person(s) involved in incident: D.) Batter Pitcher First Base Second Baserunner Catcher □ Third Center Field Right Field Dugout Short Stop □ Left Field □ Umpire □ Coach/Manager □ Spectator ■ Volunteer Other: Type of injury: Was first aid required? Tes No If yes, what: Was professional medical treatment required? ☐ Yes ☐ No If yes, what: (If yes, the player must present a non-restrictive medical release prior to to being allowed in a game or practice.) Type of incident and location: A.) On Primary Playing Field B.) Adjacent to Playing Field D.) Off Ball Field □ Base Path: □ Running or □ Sliding Seating Area □ Travel: ☐ Hit by Ball: ☐ Pitched or ☐ Thrown or ☐ Batted Parking Area □ Car or □ Bike or □ Collision with: □ Player or □ Structure C.) Concession Area ☐ Walking Grounds Defect Volunteer Worker League Activity Other: Customer/Bystander Other: Please give a short description of incident: Could this accident have been avoided? How: This form is for local Little League use only (should not be sent to Little League International). This document should be used to evaluate potential safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all Accident claims or injuries that could become claims to any eligible participant under the Accident Insurance policy, please complete the Accident Notification Claim form available at http://www.littleleague.org/Assets/forms_pubs/ as ap/AccidentClaimForm.pdf and send to Little League International. For all other claims to non-eligible participants under the Accident policy or claims that may result in litigation, please fill out the General Liability Claim form available here: http://www.littleleague.org/Assets/forms_pubs/asap/GLClaimForm.pdf. Prepared By/Position: Phone Number: (Signature: Date:



Facility and Field Inspection Checklist

Fac	ility Name
Insp	ector
Date	Time
	Holes, damage, rough or uneven spots
	Slippery Areas, long grass
	Glass, rocks and other debris & foreign objects Damage to screens,
fe	nces edges or sharp fencing
	Unsafe conditions around backstop, pitchers mound
	Warning Track condition
	Dugouts condition before and after games
	Make sure telephones are available
	Area's around Bleachers free of debris
	General Garbage clean-up
	Who's in charge of emptying garbage cans
	Conditions of restrooms and restroom supplies
	Concession Stand inspection



NC	OTES/ HAZARDS		
Si	gnature		





Little League* Volunteer Application - 2019 Do not use forms from past years. Use extra paper to complete if additional space is required.

Name	Middle Name			Date
			Last	
Address			7in	
Social Security # (mandatory)				
Cell Phone				
Home Phone:				
Date of Birth		_		
Occupation				
Employer				
Address				
Special professional trai				
Community affiliations (Clubs,	Service Organizations, etc.):			
Previous volunteer experience	(including baseball/softball a	ind year):		
1. Do you have children				Yes 🗆 No 🗆
If yes, list full nam	ne and what level?			
Special Certification (CPR, Medical, etc.)? (I	t) Yes No 🗆		
Do you have a valid d				Yes 🗆 No 🗆
4. Have you ever been of against a minor?	onvicted of or plead n	o contest or guilty	to any crime(s) involving or
If yes, describe ea	och in full:			Yes 🗆 No 🗆
5. Have you ever been o	convicted of or plead no	o contest or guilty t	o any crime(s)	Yes □ No □
If yes, describe ea	ch in full:			
	ition 5, does not automatically	,, ,		
 Do you have any crimi 	nal charges pending aga sch in full:			Yes □ No □
(Answering yes to ques	tion 6, does not automatically	y disqualify you as a volu	inteer.)	
7. Have you ever been n	efused participation in	any other youth pr	ograms?	Yes □ No □
If yes, explain:				
	llowing would you like			
☐ League Official		☐ Manager		ession Stand
☐ Coach	☐ Field Maintenance	☐ Scorekeepe	r □ Othe	r

	ne		
			LAW, PLEASE ATTACH A COPY OF THAT STA R WEBSITE: LittleLeague.org/RgStateLaws
now and as lot which contain criminal histor information or Baseball, Inco such informat to a volunteer	ng as I continue to be act name only searches wh y records. I understand I n my background. I here reporated, the officers, er ton. I also understand to position. If appointed, I	tive with the organization, which may ind ich may result in a report being generate that, if appointed, my position is condition that, if appointed, my position is condition that appears and appears thereof, or any mployees and volunteers thereof, or any hat, regardless of previous appointment	anization to conduct background check(s) or fluids a review of sex offender registries (some difference of the may not be me), child abuse anal upon the league receiving no inapprop orn liability the local title League, Little Lea other person or organization that may pro st, Little League is not obligated to appoint no fmy term, I am subject to suspension by policies or principles.
Applicant 9	ignature		Date
If Minor/Pa	rent Signature		Date
the basis of r	ace, creed, color, nati	onal origin, merital status, gender, se	uwai orientation or disability.
			ONLY.
		LOCAL LEAGUE USE	ONLY:
Backg on _		LOCAL LEAGUE USE	
on Syster	n(s) used for backg	leted by league officer	
on Syster	n(s) used for backg tion I(c)(9) Mandate	ground check (minimum of one s all checks include criminal record	must be checked):

Last Updated: 10/1/2018



Concession Stand Tips

Requirement 9

12 Steps to Safe and Sanitary Food Service Events: The following information is intended to help you run a healthful concession stand. Following these simple quidelines will help minimize the risk of foodborne illness. This information was provided by District Administrator George Glick, and is excerpted from "Food Safety Hints" by the Fort Wayne-Allen County, Ind., Department of Health.

Keep your menu simple, and keep potentially hazardous foods (meats, eggs, dairy products, protein salads, cut fruits and vegetables, etc.) to a minimum. Avoid using precooked foods or leftovers. Use only foods from approved sources, avoiding foods that have been prepared at home. Complete control over 6. Health and Hygiene. your food, from source to service, is the key to safe, sanitary food service.

2. Cooking.

Use a food thermometer to check on cooking and holding temperatures of potentially hazardous foods. All potentially hazardous foods should be kept at 41° F or below (if cold) or 140° F or above (if hot). Ground beef and ground pork products should be cooked to an internal temperature of 155° F. poultry parts should be cooked to 165° F. Most foodborne illnesses from temporary events can be traced back to lapses in temperature control.

3. Reheating

Rapidly reheat potentially hazardous foods to 165° F. Do not attempt to heat foods in crock pots, steam tables, over sterno units or other holding devices.

Slow-cooking mechanisms may activate bacteria and never reach killing temperatures.

4. Cooling and Cold Storage.

Foods that require refrigeration must be cooled to 41° F as quickly as possible and held at that temperature until ready to serve. To cool foods down quickly, use an ice water bath (60% ice to 40% water), stirring the product frequently, or place the food in shallow pans no more than 4 inches in depth and refrigerate. Pans should not be stored. one atop the other and lids should be off or aiar until the food is completely cooled. Check temperature periodically to see if the food is cooling properly. Allowing hazardous foods to remain unrefrigerated for too long has been the number ONE cause of foodborne illness.

5. Hand Washing.

Frequent and thorough hand washing remains the first line of defense in preventing foodborne disease. The use of disposable gloves can provide an additional barrier to contamination, but they are no substitute for hand washing!

Only healthy workers should prepare and serve food. Anyone who shows symptoms of disease (cramps, nausea, fever, vomiting, diarrhea, jaundice, etc.) or who has open sores or infected cuts on the hands should not be allowed in the food concession area. Workers should wear clean outer garments and should not smoke in the concession area. The use of hair restraints is recommended to prevent hair ending up in food products.

7. Food Handling.

Avoid hand contact with raw, readyto-eat foods and food contact surfaces. Use an acceptable dispensing utensil

to serve food. Touching food with bare hands can transfer germs to food.

8 Dishwashing

Use disposable utensils for food service. Keep your hands away from food contact surfaces, and never reuse disposable dishware. Wash in a four-step process:

- 1. Washing in hot soapy water;
- 2. Rinsing in clean water:
- 3. Chemical or heat sanitizing; and
- 4. Air drying.

9. Ice.

Ice used to cool cans/bottles should not be used in cup beverages and should be stored separately. Use a scoop to dispense ice; never use the hands. Ice can become contaminated with bacteria and viruses and cause foodborne illness.

10. Wiping Cloths.

Rinse and store your wiping cloths in a bucket of sanitizer (example: 1 gallon of water and 1/2 teaspoon of chlorine bleach). Change the solution every two hours. Well sanitized work surfaces prevent cross-contamination and discourage flies.

11. Insect Control and Waste.

Keep foods covered to protect them from insects. Store pesticides away from foods. Place garbage and paper wastes in a refuse container with a tightfitting lid. Dispose of wastewater in an approved method (do not dump it outside). All water used should be potable water from an approved source.

12. Food Storage and Cleanliness.

Keep foods stored off the floor at least six inches. After your event is finished. clean the concession area and discard unusable food

13. Set a Minimum Worker Age.

Leagues should set a minimum age for workers or to be in the stand: in many states this is 16 or 18, due to potential hazards with various equipment.

Safety plans must be postmarked no later than May 1st.



Volunteers Must Wash Hands











WHEN

Wash your hands before you prepare food or as often as needed.

Wash after you:

- use the toilet
- touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- ▶ interrupt working with food (such as answering the phone, opening a door or drawer)
- ▶ eat, smoke or chew gum
- touch soiled plates, utensils or equipment
- ▶ take out trash
- ► touch your nose, mouth, or any part of your body
- sneeze or cough.

Do not touch ready-to-cat foods with your bare hands.

Use gloves, tongs, deli tissue or other serving utensils. Remove all jewelry, nail polish or false nails unless you wear gloves.

Wear gloves.

when you have a cut or sore on your hand. when you can't remove your jewelry

If you wear gloves:

wash your hands before you put on new gloves

Change them:

- as often as you wash your hands
 when they are torn or soiled

Developed by I Mass Extension Michigan Extension Program with support from U.S. Food, & Drug Administration in cooperation with the IAA Bustnership for book Softy Johnston Distriction Distriction Stress Department of Agriculture Cooperating IIIAAss Extension proceeds again appoint up to Ingograms and employment.

